

Name: \_\_\_\_\_

Date of meal \_\_\_\_\_

Grade: \_\_\_\_\_

CIRCLE ONE

Soft Pretzel w/  
String cheese  
(Marinara, salsa  
Honey mustard  
Bbq)

Sub Sandwich

Wrap (plain,  
Tomato basil or  
Cheese jalapeno)

Chef salad w/roll

CHECK CHOICES

Turkey \_\_\_\_\_  
Ham \_\_\_\_\_  
Italian \_\_\_\_\_  
Bacon \_\_\_\_\_  
Cheese \_\_\_\_\_  
Lettuce \_\_\_\_\_  
Tomato \_\_\_\_\_  
Onion \_\_\_\_\_  
Gr pepper \_\_\_\_\_  
Carrots \_\_\_\_\_  
Cauliflower \_\_\_\_\_  
Broccoli \_\_\_\_\_  
Cucumbers \_\_\_\_\_

MUST CHOOSE  
FRUIT, limit 2

Orange \_\_\_\_\_  
Mandarin orange \_\_\_\_\_  
Apple \_\_\_\_\_  
Applesauce \_\_\_\_\_  
Tropical fruit \_\_\_\_\_  
Peaches \_\_\_\_\_  
Pears \_\_\_\_\_  
Fruit cocktail \_\_\_\_\_  
Pineapple \_\_\_\_\_

MUST CHOOSE  
VEGGIE

Carrots \_\_\_\_\_  
Celery \_\_\_\_\_  
Cauliflower \_\_\_\_\_  
Broccoli \_\_\_\_\_  
Cucumbers \_\_\_\_\_  
Tomatoes \_\_\_\_\_  
Gr pepper \_\_\_\_\_  
Lettuce \_\_\_\_\_  
Monday: corn salad \_\_\_\_\_  
Tues: Refried beans \_\_\_\_\_

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